



Lakemba Link

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Term 3 – Week 8

Dear Parents and Carers,
I hope all our families enjoyed Father's Day and those whose families are overseas were able to connect and share some time online.

The great majority of our students connect online out of school hours. They may do this through games or online platforms such as Instagram, TikTok and WhatsApp. Connecting in this way can be beneficial for many students but unfortunately this is not the case in many instances. Students are reporting to us that others are being mean or 'bullying' them online. Often students are bringing these problems to school and causing a number of issues for themselves and others. If they behave inappropriately or not in line with our school's Positive Behaviour for Learning (PB4L) expectations they will receive a consequence for their action. This could be an orange or red card, a suspension warning or even a suspension if their actions are extreme.

The eSafety Commissioner website has great information for parents to help their child communicate appropriately online. <https://www.esafety.gov.au/>

Basically there are three key strategies for parents to assist their child:

1. *Be engaged, open and supportive*
 - a. Talk about what they are doing online.
 - b. Monitor who your child is communicating with.
 - c. Reassure your child that they can always come to you no matter what.
 - d. Teach them how to cut online contact with people who make them feel uncomfortable.
2. *Set rules*
 - a. Make sure the platforms used by your child are age appropriate.
 - b. Limit screen time.
 - c. Know your child's passwords.
 - d. Make your permission necessary for your child to sign up to a new game or program.
 - e. Have consequences for not following the rules.
 - f. Stick to the consequences.
3. *Use the technology your child uses so that you are familiar with how it works.*

Above all, encourage and reassure your child that it is OK to tell you if they are worried about anything that they see or hear when they are online. Be open to the things they share with you and try to make sure that they understand that they are often not responsible for the actions of others.

I hope you are all OK. Stay safe.

Kind regards,

Jann Price

Important Dates

Thursday 10 th September	R U OK? Day
Friday 11 th September	Walk Safely to School Day
Monday 14 th September to Thursday 24 th September	Learning Conversations by Phone (Parent Teacher Interviews) Book online Instructions over the page
Friday 18 th September	School Photos
Friday 25 th September	Last Day of Term 3
Monday 12 th October	All students return to school for Term 4
Wednesday 16 th December	Last Day of Term 4

School Photos

Families have received an envelope for each of their children for school photos which will be taken on Friday 18th September. If you did not collect your photo money from earlier in the year you will not receive an envelope. If you do not receive an envelope and you are unsure please contact the office. All envelopes must be returned by Friday.



Friday 18th September

Kindergarten 2021

If your child turns 5 on or before 31st July, 2021 they are eligible to start school at the beginning of 2021.

Please contact the office for an enrolment form or download the form from

<https://education.nsw.gov.au/public-schools/going-to-a-public-school/translated-documents/enrolment-application>.

From 14th September enrolments can be done online via the school website.

At this stage we will not be able to conduct our regular Leapfrogs program.

Stay tuned for how we will introduce our 2021 Kindergarten students to school!

Learning Conversations (Parent Teacher Interviews)

ONLINE BOOKINGS

For the first time this year we are using an online platform to book Learning Conversations (Parent Teacher Interviews) from 14th September to 22nd September inclusive.

For the first time parents and carers need to book their interview online by going to

www.schoolinterviews.com.au

and enter the
code **s9fq9**

How to Book a Learning Conversation

1. Enter your email address and your name.
2. Enter the phone number you wish to be called on.
3. If you require an interpreter please enter the language you require.
4. Enter the child's name.
5. Choose the teacher you wish to speak to.
6. Choose a day and time that suits you from the times that the teacher is available.
7. Follow the instructions to confirm your appointment.

When you click FINISH your selected bookings will be emailed to you immediately. If you do not receive your email, please check your junk-mail, or enter the event code again and check your email address spelling.

Update your details if the email address is incorrect.

DO NOT DELETE the email you receive. Keep it somewhere safe. You may need to refer back to it at a later date.

REMEMBER TO ADD YOUR APPOINTMENTS TO YOUR CALENDAR - reminders will not be sent home.

All bookings must be made by 8am on Monday 14th September.

If you need to view, cancel, change or print your bookings:

- Click on the link in the confirmation email you received after you made your bookings
- OR return to www.schoolinterviews.com.au and enter the code and the email address you used when making your bookings.

Uniform

Teams wear a uniform. Lakemba Public School is a team and we expect everyone at the school to wear our uniform.

As we start the holidays please make sure your child has the correct uniform to return to school at the beginning of Term 3.

Some things to remember:

- All long sleeved jumpers that are worn under short sleeved school shirts must be yellow.
- All girls tights should be black, ankle length and without any writing on them.
- Girls cannot wear tights and a shirt. Tights can only be worn under a dress as above but not alone.
- Jackets with hoods are not acceptable.

We would appreciate any donations of uniforms that your children may have grown out of that are still in good condition. We use them in sick bay.



Week 9 – Canteen

Line up to buy from the canteen and remember to use manners when asking for something. Buy for yourself only.

Week 10 - Bathrooms

Bathrooms are food and drink free and as much as possible use the bathrooms during break times only. Keep the bathroom environment clean and tidy.

Road Safety

KEEP OUR CHILDREN SAFE

DO NOT PARK IN OR OVER DRIVEWAYS!

Even though parking around our school can be difficult it is extremely dangerous to park in or over driveways. We nearly had a very serious injury to a student last week when a car, who should not have been in the driveway, reversed out when children were walking to school.

All students who are absent from school MUST bring a note explaining their absence on the day they return to school.

The only reason students should not come to school is if they are sick.

**RACISM
no way.**

Racism is prejudice, discrimination or hatred directed at someone because of their colour, ethnicity or national origin. It can take the form of name-calling and jokes or exclusion from groups. This is not acceptable and considered discriminatory and against the law. Racism is not acceptable in any form at our school. Ms Kelley and Ms Mhajer are the school's Anti-Racist Officers (ARCO). All issues involving racism should be reported to them.

R U OK?

R U OK? Day is a time to inspire and empower everyone to meaningfully connect with people around them and support anyone who may be having a hard time.

At Lakemba Public School we use the Bounce Back program to develop students' social and emotional skills. Students use the BOUNCE BACK acronym below:

Bad times don't last. Things always get better. Stay optimistic.

Other people can help if you talk to them. Get a reality check.

Unhelpful thinking makes you feel more upset. Think again.

Nobody is perfect – not you and not others.

Concentrate on the positives (no matter how small) and use laughter.

Everyone experiences sadness, hurt, failure, rejection and setbacks sometimes, not just you. They are a normal part of life. Don't personalise them.

Blame fairly. How much of what happened was due to you, to others and to bad luck or circumstances?

Accept what can't be changed (but try to change what you can change first).

Catastrophising exaggerates your worries. Don't believe the worst possible picture.

Keep things in perspective. It's only part of your life.

All of these sayings apply to R U OK? Day and every day.



Library News

Premiers Reading Challenge Update

Congratulations to all our 375 students who completed the challenge in time. We are so proud of some of our students who have made use of their play time to come to the library and complete their challenge.



Overdue Books

We are still chasing long-overdue books from Term 1 & 2. It is important to locate and return these books. You can also advise the library about them if you are unable to find them as they may have to be replaced, particularly if they are popular titles. If a book cannot be found, a note from an adult is required for our records so we know a search has been undertaken. Thank you.

Enjoy!

Ms Pogalva

School as Community Centre News

Transition to School Groups: are running online at this stage. Najia and Rojalin from Sav have been contacting some people and plan to run several smaller groups for parents and kids starting school next year. If you haven't heard from them and would like to be included, let Wendi or Madeleine know.

Dental Van for Adults: Unfortunately, due to Covid-19 this has been postponed to 11th - 22nd January. If you let us know that you wanted an appointment, we will be in touch toward the end of the year.

Play 2 Learn Tuesday Playgroup: This group has been running online once a week for over a term now. It is at 10.30 every Tuesday morning – just for half an hour and we sing some familiar songs, read a story and have a little fun together during this time. We would love for more of you to join us. To be included you first need to download the free TEAMS app on your phone, tablet or computer. Then let us know your email address and we will send you a link each week to join.

Craft packs are available each week on Wednesdays for pick up either before or after school or text Wendi on 0404015001 between 9.00-12.00. The WhatsApp group for playgroup has 45 members and is a nice way for us to share information, support and the children's creations. Let us know if you would like to become a member.

The English class: also has a WhatsApp group for parents to keep in touch with each other and practise their English. Please let us know if you would like to join.

My Time: is meeting face to face in Wiley Park each week. The group meets Tuesday afternoons from 12.30-2.30. Please book in if you would like to attend. This group is for parents who have a child with a disability and provides friendship, information and support.

Remember, if you have **any** cold like symptoms such as a runny nose or a sore throat you should get tested and then stay home till you get your result.

Sydney Local Health District has set up a new COVID-19 drive-through testing clinic at **Roselands Shopping Centre** (open air car park). It is free and you do not need a Medicare Card.

Emergency Relief: You can get important, up to date, information about Covid-19 and emergency relief here (thankyou to the Canterbury City Community Centre): <https://www.4cs.org.au/news-events/news/two-information-directories-assist-during-covid-19-pandemic>

Please like our Facebook page so we can keep in touch. There's a new story for kids posted every now and again. Go to <https://www.facebook.com/LakembaSaCC/>



Coronavirus Information in your Language. News and information about coronavirus (COVID-19) is available on the SBS website in 63 languages. www.sbs.com.au

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